

## More to Know About Japanese Zabuton

### Bindings

The binding threads are for temporarily preventing the shifting of the cotton padding until it settles, so there is no problem if the threads fall out. The side of the binding where the threads are showing is considered the top, but Futon can be used with either side up.

### Uchinaoshi

In Japan, "Uchinaoshi" is sometimes done for the old zabuton and futon. It is a re-fabrication process of the aged cotton, which involves several mechanical process. By passing through the several process, the aged cotton is loosened, impurities are removed from the cotton to create an resilient cotton filling. Finally, the resilient cotton filling is turned into a zabuton with a new fabric. This is a deeply rooted Japanese mindset of not throwing things away easily but using them with care until the end.



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## Care Instructions for Our Handmade Zabuton

**The Art of Japanese Life**

To keep your zabuton in the best hygienic conditions, please avoid the humidity.

Zabuton retains the moisture. Too much moisture can lead to mold and mites. It also makes it easier for the cushions to flatten out. It is most important to give your zabuton time to air out.

The best care is leaving the zabuton out in the direct sunlight for about 2 hours for each side when the sunlight is strong (around noon).

You can wash zabuton by hand. Please fill a clean sink or basin with lukewarm water, add a little bit of detergent. Press zabuton against the side of the sink or basin gently. Don't twist or wring it, which could cause it to lose its shape.

Rinse it well with lukewarm water. You can get rid of water effectively by placing zabuton between dry towel and sitting on it. Then lay flat to dry thoroughly.

To prevent zabuton from becoming uneven, please do not machine wash it.



## Air Out Regularly Under the Sun

(desirably more than  
once a week)



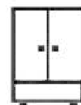
## No Machine Washing



## Hand Wash Only (gentle press-wash)



## No Beating, No Jumping on it



## For Storing Long Term, Use the Upper Shelf to Avoid Humidity